

DAY 2 MIDDAY/EVENING OFFICE

Silence and Stillness before God (1-2 minutes)

Scripture Reading

Two are better than one, because they have a good return for their work; if one falls down, his friend can help him up. But **pity the man who falls and has no one to help him up**. Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. **A cord of three strands** is not quickly broken. (Ecclesiastes 4:9-13, NIV)

Devotional

Have you ever experienced a time in your life of anguish, difficulty and frustration – only to have the pain of the moment intensified because you had no one to call? You had no one to turn to? There was no one to lean on? You had fallen and you had no one to **“help you up”**?

One of our values here at Christ Community Church is **join**: Join a Life Group. Get connected with a Care Group. Participate in a Bible Study. It’s all about the importance of getting connected with others.

Why is that so important? One of the reasons to do so is because: **Unconnected people are just one tough thing away from not being at our church. Loss of a job. Divorce or separation. A devastating diagnosis. A child in trouble. Financial crisis. Depression. Addiction. Mental illness.**

We say it this way in our house: **Life is hard, then you die**. We live in a world where **one tough thing** is always just around the next corner.

Again, Ecclesiastes 4 says: **“...if one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!”** (v.9-10)

Questions

Life throws all kinds of curve balls our way – and when it does – we need others. Name one person who could count on you to be there for them.

Prayer

Pray for 2 people that you could connect with that would make **a cord of three strands**.

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