

## CCC Mental Health Ministry

### Peer to Peer Support Group Policy (P2PSG)

Christ Community Church offers Peer to Peer Support Groups to those who seek support for their lives based on the Word of God and generally accepted spiritual principles. Individuals who desire professional counseling from a licensed provider will be referred. The following practices will be adhered to by all CCC staff, volunteer lay leaders and group members.

- Persons in P2PSGs must read and sign a Disclaimer prior to the commencement of any session.
- CCC Staff, nor lay leaders, may not charge for any support group sessions (with the exception of any reimbursement for materials used).
- All documents created and maintained as a result of group sessions should be kept confidential.
- All state mandatory reporting procedures will be followed.
- P2PSGs sessions will be conducted at CCC in a location with windows.
- Impromptu interactions, lunch appointments, etc. are not considered support sessions.
- A volunteer leader may not meet with the opposite sex without another member present.
- A leader must be cautious of “transference”, and avoid creating feelings of overwhelming trust and dependency from a group member.
- P2PSGs will run 16 sessions and then schedule a break. Depending on the time of year, 8 sessions may occur – break – final 8 sessions. Members are allowed to repeat.
- P2PSG sessions will be limited to 75 minutes.
- A leader shall not meet with children without their parents present, if at all possible.