

# October 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>*1% Milk is served*</p> <p>*100% Apple Juice is served</p> <p>*Cereal Options: Chex Mix, Cheerios (Plain &amp; Multi Grain)</p>			<p>1. AM-Ritz &amp; Milk PM-Goldfish &amp; Milk LPU-Graham Cracker &amp; Apple Juice</p>	<p>2. AM-Cheerios &amp; Milk PM-Pita &amp; Hummus LPU-Club Cracker &amp; Apple Juice</p>
<p>5. AM-Goldfish &amp; Milk PM-Raisins &amp; Pretzels LPU-Graham Cracker &amp; Apple Juice</p>	<p>6. AM-Pears &amp; Milk (save pear juice for future) PM-Carrots &amp; Hummus LPU-Goldfish &amp; Apple Juice</p>	<p>7. AM-Orange &amp; Graham Cracker PM-Cheez Its &amp; Milk LPU-Pretzels &amp; Pear Juice</p>	<p>8. AM-Ritz &amp; Cheese Stick PM-Pita &amp; Salami LPU-Grapes &amp; Milk</p>	<p>9. AM-Banana &amp; Nilla Wafer PM-Cucumbers &amp; Milk LPU-Cheese Stick &amp; Pear Juice</p>
<p>12. AM-Tortilla &amp; Pepperoni PM-Goldfish &amp; Milk LPU-Applesauce &amp; Milk</p>	<p>13. AM-Nilla Wafer &amp; Milk PM-Grapes &amp; Milk LPU-Ritz &amp; Turkey</p>	<p>14. AM-Cheerios &amp; Milk PM-Raisins &amp; Pretzels LPU-Graham Cracker &amp; Apple Juice</p>	<p>15.  No School</p>	<p>16.  No School</p>
<p>19. AM-Applesauce &amp; Milk PM-Pita &amp; Hummus LPU-Cheerios &amp; Apple Juice</p>	<p>20. AM-Cheez Its &amp; Milk PM-Carrot Sticks &amp; Milk LPU-Pretzels &amp; Apple Juice</p>	<p>21. AM-Pears &amp; Milk (save pear juice for future) PM-Raisins &amp; Graham Cracker LPU- Nilla Wafer &amp; Apple Juice</p>	<p>22. AM-Tortilla &amp; Cheese PM-Grapes &amp; Milk LPU-Cheese Cubes &amp; Pear Juice</p>	<p>23. AM-Bananas &amp; Milk PM-Tortilla &amp; Turkey LPU-Goldfish &amp; Apple Juice</p>
<p>26. AM-Cheerios &amp; Milk PM-Ritz &amp; Cheese Cubes LPU-Cucumber &amp; Apple Juice</p>	<p>27. AM-Graham Cracker &amp; Milk PM-Grapes &amp; Milk LPU-Cheese Stick &amp; Apple Juice</p>	<p>28. AM-Nilla Wafer &amp; Milk PM-Cheez Its &amp; Milk LPU-Pretzels &amp; Apple Juice</p>	<p>29. AM-Club Cracker &amp; Cheese PM- &amp; Milk LPU-Ritz &amp; Pepperoni</p>	<p>30. AM-Tortilla &amp; Turkey PM-Goldfish &amp; Milk LPU-Applesauce &amp; Milk</p>

Items containing **Wheat** Ritz, Nilla Wafers, Goldfish, Graham Crackers, Pita, Cheez Its and Club Crackers

Items containing **Dairy** Cheese Cubes, Cheese Stick, Milk, Cheez Its, Nilla Wafers and Goldfish

Items containing **Eggs** Nilla Wafers